

# WEEK ONE

## PHILIPPIANS 1



Read pgs. 13-54 in  
Becoming a Women  
of the Word  
(Karol Ladd)

### HEAR THE WORD

Watch Session One. Take notes on overview of the chapter to use as you dive into personal study this week.

Also, watch the Bible Project's overview of Philippians.



I can do all things  
through him who  
strengthens me.

Phil. 4:13

### READ THE WORD

Read **Philippians 1** daily. Make sure to include several translations throughout the week.

Highlight differences between different translations and circle words/phrases that interest or intrigue you for further study.

Watch the Bible Project's overview of **Philippians**.

### STUDY THE WORD

Pray and ask God to supernaturally help you retain what you have read through and learned as you answer the following questions:

1. **What is the primary truth of this chapter?**
2. **What is a brief synopsis of the people, places, and events of this chapter?**
3. **How does this chapter fit into the entirety of God's Word and the Gospel story?**
4. **What did this chapter mean to the original hearers or readers? (exegesis)**
5. **Without changing the original message, is there an admonition for modern-day followers of Christ? (hermeneutic)**
6. **What does this chapter reveal about humanity?**
7. **How has God used this chapter to encourage, admonish or convict you in your personal walk this week?**

# WEEK TWO

PHILIPPIANS 2



Read pgs. 55-72 in  
Becoming a Women  
of the Word  
(Karol Ladd)

## HEAR THE WORD

Watch Session Two. Take notes on overview of the chapter to use as you dive into personal study this week.



I can do all things  
through him who  
strengthens me.

Phil. 4:13

## READ THE WORD

Read **Philippians 2** daily. Make sure to include several translations throughout the week.

Highlight differences between different translations and circle words/phrases that interest or intrigue you for further study.

## STUDY THE WORD

Pray and ask God to supernaturally help you retain what you have read through and learned as you answer the following questions:

1. **What is the primary truth of this chapter?**
2. **What is a brief synopsis of the people, places, and events of this chapter?**
3. **How does this chapter fit into the entirety of God's Word and the Gospel story?**
4. **What did this chapter mean to the original hearers or readers? (exegesis)**
5. **Without changing the original message, is there an admonition for modern-day followers of Christ? (hermeneutic)**
6. **What does this chapter reveal about humanity?**
7. **How has God used this chapter to encourage, admonish or convict you in your personal walk this week?**

# WEEK THREE

PHILIPPIANS 3



Read pgs. 73-100 in  
Becoming a Women  
of the Word  
(Karol Ladd)

## HEAR THE WORD

Watch Session Three.  
Take notes on overview  
of the chapter to use as  
you dive into personal  
study this week.



I can do all things  
through him who  
strengthens me.

Phil. 4:13

## READ THE WORD

Read **Philippians 3** daily. Make sure to include several translations throughout the week.

Highlight differences between different translations and circle words/phrases that interest or intrigue you for further study.

## STUDY THE WORD

Pray and ask God to supernaturally help you retain what you have read through and learned as you answer the following questions:

1. **What is the primary truth of this chapter?**
2. **What is a brief synopsis of the people, places, and events of this chapter?**
3. **How does this chapter fit into the entirety of God's Word and the Gospel story?**
4. **What did this chapter mean to the original hearers or readers? (exegesis)**
5. **Without changing the original message, is there an admonition for modern-day followers of Christ? (hermeneutic)**
6. **What does this chapter reveal about humanity?**
7. **How has God used this chapter to encourage, admonish or convict you in your personal walk this week?**

# WEEK FOUR

## PHILIPPIANS 4



Read pgs. 101-140 in  
Becoming a Women  
of the Word  
(Karol Ladd)

### HEAR THE WORD

Watch Session Four. Take notes on overview of the chapter to use as you dive into personal study this week.



I can do all things  
through him who  
strengthens me.

Phil. 4:13

### READ THE WORD

Read **Philippians 4** daily. Make sure to include several translations throughout the week.

Highlight differences between different translations and circle words/phrases that interest or intrigue you for further study.

On one day, add **1 Corinthians 12** to your reading and note what Paul has to say about the body of Christ.

### STUDY THE WORD

Pray and ask God to supernaturally help you retain what you have read through and learned as you answer the following questions:

1. **What is the primary truth of this chapter?**
2. **What is a brief synopsis of the people, places, and events of this chapter?**
3. **How does this chapter fit into the entirety of God's Word and the Gospel story?**
4. **What did this chapter mean to the original hearers or readers? (exegesis)**
5. **Without changing the original message, is there an admonition for modern-day followers of Christ? (hermeneutic)**
6. **What does this chapter reveal about humanity?**
7. **How has God used this chapter to encourage, admonish or convict you in your personal walk this week?**

# WEEK FIVE

## COLOSSIANS 1



Read pgs. 141-168 in  
Becoming a Women  
of the Word  
(Karol Ladd)

### HEAR THE WORD

Watch Session Five. Take notes on overview of the chapter to use as you dive into personal study this week.

### READ THE WORD

Read **Colossians 1** daily. Make sure to include several translations throughout the week.

Highlight differences between different translations and circle words/phrases that interest or intrigue you for further study.

### STUDY THE WORD

Pray and ask God to supernaturally help you retain what you have read through and learned as you answer the following questions:

### REFLECT

1. If Christ is preeminent (first) in all things, what should that look like in my life?
2. In what ways do we water down or distort the deity and preeminence of Christ, and am I guilty of this?
3. What has been entrusted to me that I work toward, or strive in my own strength?

1. **What is the primary truth of this chapter?**
2. **What is a brief synopsis of the people, places, and events of this chapter?**
3. **How does this chapter fit into the entirety of God's Word and the Gospel story?**
4. **What did this chapter mean to the original hearers or readers? (exegesis)**
5. **Without changing the original message, is there an admonition for modern-day followers of Christ? (hermeneutic)**
6. **What does this chapter reveal about humanity?**
7. **How has God used this chapter to encourage, admonish or convict you in your personal walk this week?**

# WEEK SIX

## COLOSSIANS 2



Read pgs. 169-186 in  
Becoming a Women  
of the Word  
(Karol Ladd)

### HEAR THE WORD

Watch Session Six. Take notes on overview of the chapter to use as you dive into personal study this week.



23 Whatever you do, work heartily, as for the Lord and not for men, 24 knowing that from the Lord you will receive the inheritance as your reward. You are serving the Lord Christ.

Colossians 2:23-24

### READ THE WORD

Read **Colossians 2** daily. Make sure to include several translations throughout the week.

Highlight differences between different translations and circle words/phrases that interest or intrigue you for further study.

On two days, add Psalm 149 to your daily readings.

### STUDY THE WORD

Pray and ask God to supernaturally help you retain what you have read through and learned as you answer the following questions:

1. **What is the primary truth of this chapter?**
2. **What is a brief synopsis of the people, places, and events of this chapter?**
3. **How does this chapter fit into the entirety of God's Word and the Gospel story?**
4. **What did this chapter mean to the original hearers or readers? (exegesis)**
5. **Without changing the original message, is there an admonition for modern-day followers of Christ? (hermeneutic)**
6. **What does this chapter reveal about humanity?**
7. **How has God used this chapter to encourage, admonish or convict you in your personal walk this week?**

# WEEK SEVEN

## COLOSSIANS 3



Read pgs. 187-196 in  
Becoming a Women  
of the Word  
(Karol Ladd)

### HEAR THE WORD

Watch Session Seven.  
Take notes on overview  
of the chapter to use as  
you dive into personal  
study this week.



23 Whatever you do, work  
heartily, as for the Lord  
and not for men, 24  
knowing that from the Lord  
you will receive the  
inheritance as your reward.  
You are serving the Lord  
Christ.

Colossians 2:23-24

### READ THE WORD

Read **Colossians 3** daily. Make sure to include several translations throughout the week.

Highlight differences between different translations and circle words/phrases that interest or intrigue you for further study.

### STUDY THE WORD

Pray and ask God to supernaturally help you retain what you have read through and learned as you answer the following questions:

1. **What is the primary truth of this chapter?**
2. **What is a brief synopsis of the people, places, and events of this chapter?**
3. **How does this chapter fit into the entirety of God's Word and the Gospel story?**
4. **What did this chapter mean to the original hearers or readers? (exegesis)**
5. **Without changing the original message, is there an admonition for modern-day followers of Christ? (hermeneutic)**
6. **What does this chapter reveal about humanity?**
7. **How has God used this chapter to encourage, admonish or convict you in your personal walk this week?**

# WEEK EIGHT

## COLOSSIANS 4



Read pgs. 197-202 in  
Becoming a Women  
of the Word  
(Karol Ladd)

### HEAR THE WORD

Watch Session Eight.  
Take notes on overview  
of the chapter to use as  
you dive into personal  
study this week.



23 Whatever you do, work  
heartily, as for the Lord  
and not for men, 24  
knowing that from the Lord  
you will receive the  
inheritance as your reward.  
You are serving the Lord  
Christ.

Colossians 2:23-24

### READ THE WORD

Read **Colossians 4** daily. Make sure to include several translations throughout the week.

Highlight differences between different translations and circle words/phrases that interest or intrigue you for further study.

### STUDY THE WORD

Pray and ask God to supernaturally help you retain what you have read through and learned as you answer the following questions:

1. **What is the primary truth of this chapter?**
2. **What is a brief synopsis of the people, places, and events of this chapter?**
3. **How does this chapter fit into the entirety of God's Word and the Gospel story?**
4. **What did this chapter mean to the original hearers or readers? (exegesis)**
5. **Without changing the original message, is there an admonition for modern-day followers of Christ? (hermeneutic)**
6. **What does this chapter reveal about humanity?**
7. **How has God used this chapter to encourage, admonish or convict you in your personal walk this week?**



# WEEK NINE

PHILEMON



Finish Becoming a  
Women of the Word  
(Karol Ladd)

## HEAR THE WORD

Watch Session Nine. Take notes on overview of the chapter to use as you dive into personal study this week.



4 I always thank my God as I remember you in my prayers, 5 because I hear about your love for all his holy people and your faith in the Lord Jesus.

Philemon 1:4-5

## READ THE WORD

Read **Philemon** daily. Make sure to include several translations throughout the week.

Highlight differences between different translations and circle words/phrases that interest or intrigue you for further study.

On two days, read **Genesis 32-33**. Take notes about the reconciliation between Jacob and Esau. Is God calling you to reconcile with anyone in your life?

## STUDY THE WORD

Pray and ask God to supernaturally help you retain what you have read through and learned as you answer the following questions:

1. **What is the primary truth of this chapter?**
2. **What is a brief synopsis of the people, places, and events of this chapter?**
3. **How does this chapter fit into the entirety of God's Word and the Gospel story?**
4. **What did this chapter mean to the original hearers or readers? (exegesis)**
5. **Without changing the original message, is there an admonition for modern-day followers of Christ? (hermeneutic)**
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